



A New Beginning For Women and Children

House Rules & Resident Expectations

1. **Sobriety is Mandatory:** The most important rule is that residents must remain sober from alcohol and drugs. Violations can result in immediate dismissal.
2. **Drug and Alcohol Testing:** Random drug or alcohol testing are required to ensure that residents are complying with the sobriety rule.
3. **Curfews and Quiet Hours:** Quiet hours and curfew will be enforced to ensure residents can rest and maintain focus on their recovery. Quiet time is 10:00 pm. Work curfew is 10:00 pm and pass curfew is 9:00 pm.
4. **Respect for Others:** Residents are expected to be respectful towards each other. This includes respecting personal space, engaging in positive communication, and refraining from violent or abusive behaviors.
5. **Attendance at Support Meetings:** Residents are required to attend class and recovery meetings (e.g., 12-step meetings) as part of their recovery process.
6. **Household Responsibilities:** Residents are assigned chores to maintain cleanliness and order within the house. Contributing to the upkeep of the shared living space is a requirement.
7. **Approved Visitors:** There are no visitors allowed in the house except for Social Service workers, approved volunteers, law enforcement agencies. Your children, social service workers and approved volunteers are only allowed when staff are present. Law enforcement such as probation and parole can come anytime for random resident checks. These approved visitors are allowed anywhere in the house where cameras are present. If the approved visitor needs to see your bedroom/bathroom a staff person must be present.
8. **Employment or School Attendance:** Maintaining full-time employment is required, children are required to be enrolled in daycare or school, volunteering is required throughout the stages of the program to promote responsibility and self-sufficiency.
9. **No Weapons or Illegal Activity:** Possession of weapons or involvement in any illegal activity is strictly prohibited.
10. **Smoking/Vaping -** Smoking/vaping is allowed in designated areas on the premises.
11. **Conflict Resolution:** If disagreements arise, residents are encouraged to handle conflicts peacefully and with the help of house meetings and staff.

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12. **Program Fees** - Residents are required to pay program fees according to their pay schedule and if these fees aren't paid the resident will be given a 5-day grace period with a late fee assessed. After the 5-day grace period if they resident hasn't paid then the resident will be dismissed. Every effort will be find to help the resident find other suitable housing.
13. **Shopping** - Grocery runs are made weekly so food deliveries are not allowed.
14. **Accountability**- Accountability is required to ensure your safety and sobriety. This includes signing in and out when leaving the premises along with communicating all changes with staff.
15. **Health and Wellness**- Residents are required to maintain personal hygiene, laundry, clean living space, medication compliance, and respectful/modest clothing. Following these guidelines will encourage healthy habits to carry over after leaving the program and be respect towards others.
16. **Financial Boundaries**- Residents are not allowed to borrow money, food stamps, or cigarettes/vapes as this complicates relationships and can constrain the recovery process.
17. **Romantic/Dating Relationships**- These relationships are prohibited as they add unnecessary stress, emotional turmoil, and take the focus off your healing and recovery. We encourage you to build independence before engaging in these relationships.
18. **Transportation**- Public transportation is the most affordable and accessible transportation unless you have your own vehicle. Carpooling is discouraged due to creating dependence, favoritism, and could create strain/conflict between residents.
19. **Inappropriate Behavior** - If you see something that isn't right or seems inappropriate please report this behavior to the House Manager so we can see if there are any issues. If you see any inappropriate behavior from staff please report that to the Executive Director.
20. **Good Neighbor** - Be respectful of our neighbors when you are outside in the approved area which is on the back patio and by the smoking urn. Cigarette butts and trash are to be picked up daily around the patio and by the smoking urns. While you are outside do not yell, curse or engage with the neighbors. If there is a problem, ask staff for help. You can park in the gravel area but do not block the dumpster.

Consequences and possible dismissal for Violating Rules:

- **Warnings:** Residents are warned verbally as well as documented warnings for minor violations, giving residents a chance to correct their behavior.
- **Probation:** Pink slips and last chance forms are issued before dismissal to help the resident correct their behavior.

- **Dismissal:** Serious or repeated violations of the house rules (especially breaking sobriety) can lead to eviction from the program.

Every effort will be made to help the resident secure suitable housing before dismissal.