



Beacon House

Lighting the way to sobriety and independence

Resident Handbook

The Beacon House
963 S. 2nd Street
Louisville, KY 40203
502-581-0765
<https://beaconhouseky.org/>

Revised June 2025

Welcome.....	3
Who We Are	3
Our Philosophy.....	3
Structure and Phases of Program.....	4
Property Restriction (PR).....	4
Under 30 Status	5
1/2 Status.....	5
90-Day Evaluation Period	6
3/4 Status.....	5
Alumni Status.....	6
Programing Resources.....	7
Case Manager.....	7
Recovery Support Services Check-Ins	7
Mentor/Mentee	7
House Meetings.....	7
Community Meeting	8
Twelve-Step Groups.....	8
Urine Drug Screens & Breathalyzers	8
Clinical Services.....	9
Community Recovery Supports	9
Finances	10
Program Fees.....	Error! Bookmark not defined.
Resident Paid Work Agreements	10
Staff-Resident Financial Agreements	11
Third Party Charges	12
Beacon House New Resident Loans & Repayment Terms.....	10
House Rules	11
Critical Rules.....	16
Prohibited Items.....	17
Good Neighbor Policy	18
Resident Rights.....	19
Resident Agreements	20
Accountability	22
Consequences for Issues	22
Emergencies.....	25
Serious Accident, Illness, or Injury Procedures	25
In Case of Fire.....	26
In Case of Tornado.....	26
Crisis Management: Intruders, active shooters, bomb threats	26
Beacon House Staff	26
Grievance Policy.....	27

Welcome

Welcome to the Beacon House! We are excited to provide you with supportive, structured, and accountable recovery housing in a Twelve Step-based environment. We, the Beacon House staff, are glad that you have made the commitment to recovery housing, and we are designed to help you navigate life in early recovery. The information in this handbook will provide you with guidelines and expectations for your stay here at the Beacon House. Please read carefully so that you understand what will be expected of you during the next year. By entering the program, you agree to abide by the expectations stated in this handbook.

Who We Are

For a person living with substance use disorder, housing, peer support, and time each play a critical role in early recovery. Research indicates that the longer a person remains in an alcohol- and drug-free environment with recovery support like Beacon House, the greater the chance of long-term sobriety, increased financial well-being, and overall stability.

The Beacon House opened its doors in 1997 when a Louisville couple trying to help a family member in early recovery found few options for safe, sober, and supportive recovery housing programs in the area. The first year of sobriety requires support in housing, continuing substance use treatment, and developing social, vocational and life skills. The founders realized that high quality recovery housing was the linchpin to sobriety and making the transition to independent living in long-term recovery. As a result of their efforts and the generous contributions of many supporters who believed in their vision, the couple raised \$1 million and built the Beacon House in downtown Louisville. Since that time, the Beacon House has helped thousands in their quest for sobriety.

Beacon House is more than a half-way house. Our unique transitional recovery housing model includes comprehensive life skills classes, 12 Step programming, case management, and continuing treatment requirements. We provide the tools and supportive environment to help residents stay sober and to live an independent and productive life. Additionally, Beacon House is a certified Level 3 recovery house through the Kentucky Recovery Housing Network (KHRN) and we are certified in accordance with the National Alliance of Recovery Residences (NARR) standards.

Our Philosophy

Mission – Provide a positive, safe, and accountable environment for men to overcome alcohol and drug dependence and learn to live a productive life.

Recovery Housing - Recovery houses are safe, healthy, family-like substance-free living environments that support individuals in recovery from addiction. Recovery housing benefits individuals in recovery by providing a substance-free lifestyle and direct connections to other peers in recovery, mutual support groups and recovery support services.

Social Model

Peer support is integral to recovery from addiction. The social model approach includes using mutual support groups, involving residents in decision making and facility governance, using lived personal recovery experience as a way to help others, and emphasizing recovery as an interaction between the individual and their environment. Beacon House's physical environment, house meetings, phase program and mentor/mentee partnership, and policies are all designed to foster the social model approach to recovery.

Culture

Current residents are welcoming to newcomers, committed to sobriety, employed, and supportive of one another. The house culture holds residents accountable for unhealthy behaviors and requires a high degree of adherence to house rules and maintaining a healthy living environment. In addition to an investment in other residents' recovery, each resident is expected to be a good neighbor and an engaged citizen through service work and volunteerism in the community.

Twelve Step Environment

Twelve-step programs are mutual aid organizations whose purpose is recovery from addiction. Twelve-step programs address three primary dimensions: the physical, mental and spiritual. Beacon House believes in the effectiveness of a Twelve Step program, and its tenets inform our mission. We require residents to have sponsors, attend Twelve Step meetings, work the steps, and live an alcohol and drug-free free lifestyle.

Structure and Phases of Program

The Beacon House requires a 6-month minimum commitment. The length of stay is individualized and open-ended, and most residents live at Beacon House for 6 to 24 months. The average day is structured around employment, treatment, 12-Step meetings, volunteerism, social activities, self-care, and house responsibilities. Our program is broken down into phases:

Property Restriction (PR)

Upon admission, all residents will be placed on an initial a mandatory Property Restriction phase, which varies based on their treatment history, sobriety date, and employment status. Resident Managers may adjust the length of restriction at their discretion, but the general guidelines are:

- 14 Days - Residents who did not attend 30-day inpatient treatment.
- 7 Days + 7 Days Work Release - Residents who attended a 30-day inpatient treatment.

While on Property restrictions, you may leave the property to attend 12-Step meetings and substance use treatment (IOP, therapy) and are expected to attend fourteen meetings in your first fourteen days. Other necessary trips such as grocery shopping, doctor's appointments, getting IDs, etc. must be arranged with the Resident Manager on duty so they can take you or find a resident to accompany you. You will not have access to your vehicle, cellphone, and/or tablet during this time. Visitors are restricted to immediate family members.

14 Day Recovery Support Services:

- Recovery Check-Ins - Daily meetings with Resident Managers/Peer Support Specialists.
- Case Management Check-ins - Daily meetings with the Case Manager.

Under 30 Status

After 14 days, you should be checking in with the Resident Managers at least once a week, and during this time you are expected to be looking for full-time employment and have completed your U30 checklist. You will be assigned a new mentor every two weeks.

U30 Status Recovery Support Services:

- Recovery Check-Ins - Weekly meetings with Resident Managers/Peer Support Specialists
- Case Management Check-ins - Weekly meetings with the Case Manager.

1/2 Status

Once you complete 30 days at Beacon House and have fulfilled the following requirements - completion of the ¾ roster, attendance of 14 meetings in 14 days, possession of a Social Security card, Kentucky ID, and completion of TB, Hepatitis C tests, and COVID vaccination. The expectation is that you are employed full-time and attend five 12-step meetings per week. The meeting sheets will be checked and signed off on by Beacon House staff. You will continue treatment in IOP and upon completion enroll in an aftercare group, individual counseling, or a combination of the two. If your program fees are current and you are not on contract, then you may be eligible for passes. You will continue meeting with an assigned mentor and start service work/community service hours. You must have a minimum of 20 documented community service hours before applying for ¾ status.

1/2 Status Recovery Support Services:

- Recovery Check-Ins - Bi-weekly meetings with Resident Managers/Peer Support Specialists.
- Case Management Check-Ins - Weekly meetings with the Case Manager.

3/4 Status

To qualify for 3/4 status, you need to complete your 5th step, have a minimum of 120 days of residency, be one week ahead on rent, have a sponsor, have completed 20 service work/community service hours, and you cannot be on a contract for any reason. As a 3/4 status resident, you will take on a leadership role in the house, and you are required to be active in the guidance and care of all residents at Beacon House, as well as perform mentor duties for your assigned mentees. You may also be considered for a larger room with fewer roommates depending on availability. You must perform 1 hour of service work/community service per week.

Achieving 3/4 Status is both a privilege and a requirement for continued residency at Beacon House. Adherence to the 3/4 agreement is mandatory, and failure to comply may result in loss of status and potential dismissal from the program.

3/4 Status Recovery Support Services:

- Recovery Check-Ins - Bi-weekly meetings with Resident Managers/Peer Support Specialists.
- Case Management Check-ins - Weekly meetings with the Case Manager.

90-Day Evaluation Period

All residents will be under an evaluation period in their first 90 days to ensure compliance with Beacon House policies and to assess their progress. This supports residents in their journey and maintains a harmonious living environment.

Residents must adhere to all Beacon House policies and show measurable progress in their personal goals and program participation. This process ensures that all residents benefit from the program and contribute positively to the community. If a resident consistently fails to comply with policies, does not make steady progress in their recovery, or negatively impacts the community, appropriate action will be taken. This may include:

1. Discharge: The resident may be discharged from Beacon House.
2. Referrals: Necessary referrals will be made to more suitable facilities that can better address the resident's needs and support their progress.

Alumni Status

The Beacon House is your home, and the length of your residency is based on the amount of time you need before returning to independent living in long-term recovery. At a minimum we require 6 months' residency, 3/4 status + 30 days, a completed exit interview, and a one week notice to graduate our program. Alumni have completed community service, been a leader and mentor in the house, have savings and are employed, and have a solid aftercare plan for housing, treatment, and recovery. Alumni codes remain in the door and you may visit Beacon House, have sponsees at Beacon House, and give leads for community meetings. Alumni may also volunteer as ambassadors for Beacon House at fundraising, educational, and community events.

Programming Resources

Resident Managers/ Peer Support Specialists

At Beacon House, we offer more than just sober housing; we provide structure and supervision to support long-term recovery. Our resident managers, all graduates of Beacon House, are trained in peer support and bring invaluable lived experience in recovery. They serve as the foundation of our support system, holding residents accountable for following house rules and meeting recovery goals. As frontline staff, resident managers maintain continuous contact with residents throughout the day and across the entire transitional program.

Resident Managers/Peer Support Specialists utilize connection, positive reinforcement, and structured agreements, including contracts and consequences, to ensure accountability and provide guidance. They offer emotional support, assist residents in setting recovery goals, and help develop strategies for maintaining sobriety. Their lived experience allows them to offer practical insights and encouragement throughout the recovery journey.

Case Manager

The Beacon House Case Manager provides vital support to individuals in early recovery by helping them access essential services. This includes obtaining health insurance, food stamps, and scheduling medical and behavioral health appointments. The Case Manager also assists with securing important identification documents, such as IDs, social security cards, and birth certificates. In addition to these services, they offer Life Skills coaching to help residents with resume building, job searching, budgeting, and goal setting. The Case Manager further supports residents by guiding them through challenges in healthcare, resolving legal issues, improving social and family relationships, and achieving financial stability during the recovery process.

Recovery Support Services Check-Ins

You are required to regularly check in with the Resident Managers,/Peer Support Specialists, and the Case Manager to provide updates on your progress. The frequency of these check-ins depends on the phase of the program you are in:

- **Property Restriction:** Daily check-ins with both the Peer Support Specialist and the Case Manager.
- **Under 30 Days:** Weekly check-ins with the Peer Support Specialist and Case Manager.
- **1/2 and 3/4 Status Residents:** Bi-weekly check-ins with Peer Support Specialists and weekly check-ins with the Case Manager.

Mentor/Mentee

New residents on Property Restriction (P.R.), those within their first 30 days, and residents on 1/2 Status are each assigned a mentor. The mentor is a resident with 3/4 Status who offers guidance on house rules, culture, and provides peer recovery support. Mentors are reassigned every two weeks.

House Meetings

House meetings take place weekly on Wednesdays and Fridays from 6p.m.-7p.m. Residents who have lived at Beacon House for 30 days or less are required to attend both meetings unless they conflict with their IOP schedule. After 30 days, residents can choose to attend either the Wednesday or Friday meeting, but they must attend one each week. The Wednesday meeting can count as one of the required weekly 12-Step meetings. It is facilitated by staff and includes taking attendance, organizing transportation for residents attending an off-campus 12-Step meeting, and featuring classes led by Beacon House alumni on topics such as Coping Skills, Time Management, and “Life After Beacon House.”

The Friday meeting, also facilitated by staff, begins with taking attendance, organizing transportation for that evening’s off-campus 12-Step meeting, and reviewing the 12-Step meeting sheets. New residents are given the opportunity to ask questions, share concerns, and check in with the group. Following that, all residents can address personal issues, conflicts, or house matters ahead of Sunday’s Community Meeting

Community Meeting

The Community meeting is on Sundays at 8p.m. and is mandatory for all residents. Beacon House resident managers open the meeting; however, it is facilitated by the residents. All residents are given the opportunity to discuss and resolve interpersonal conflicts, questions about house rules, resident behaviors, recovery related concerns, and house governance. Residents vote democratically on day-to-day affairs and consequences. This is one of the formal opportunities where residents are empowered to provide peer support to one another and are encouraged to practice healthy peer interactions with other residents.

Twelve-Step Groups

Twelve-step meetings are an important part of a successful recovery. Residents can attend both Alcoholics Anonymous and Narcotics Anonymous. Residents are expected to complete fourteen meetings in their first fourteen days. Following the first two weeks, you will be expected to attend a minimum of five meetings weekly. You must provide written documentation of meeting attendance for staff to sign weekly. Beacon House provides van transportation to meetings Monday-Friday in the morning 10a.m. - 11a.m. and Monday-Saturday in the evenings 7p.m.-9p.m.

Urine Drug Screens & Breathalyzers

Upon admission to Beacon House, you will be required to pass a drug screening. After admission, staff may conduct random drug tests at any time, which could include urine drug screens, laboratory tests, and breathalyzer tests. If you have commercial insurance or no insurance, lab tests may come with co-pays. Should you incur any charges, please inform the staff so we can help coordinate a payment plan with the laboratory. Refusing or avoiding a screening, or testing positive, will lead to a recommendation for higher-level care. Residents who choose not to seek treatment will be discharged from the program. These screenings are designed to promote accountability.

Clinical Services

Intensive Outpatient Program (IOP)

Our staff provides assertive referrals to treatment for higher levels of care, return to use, intensive outpatient, and primary care. Upon admission to Beacon House, all residents must complete a level of care assessment with a licensed treatment provider to determine the most appropriate clinical services for their needs. A majority of residents coming from treatment centers, incarceration, or with less than 60 days' sobriety will require Intensive Outpatient Treatment (IOP). Work schedules must accommodate for IOP, and van pick-ups are at the Beacon House only. If you do not already have a provider, we will refer you to one of the behavioral healthcare providers in the community for an assessment. Daytime IOP is usually 5-6 sessions per week for one month and nighttime IOP is 3-4 sessions per week for two months. You may incur charges depending on your medical coverage. IOP's provide psychiatric services as needed. All IOP absences must be approved by the Resident Manager, and you may be asked to provide a doctor's note. More than two absences from IOP or therapist appointments can result in dismissal from Beacon House.

Continuing Care: Individual Therapist or Aftercare Group

All residents are required to continue treatment after completion of IOP. Continuing care can be individual therapy or a weekly group aftercare, or a combination of the two. Typically, your IOP provider will set you up with an aftercare plan and provider. If you do not have a therapist or aftercare group, please notify staff immediately and we will help you find one. All individual therapy session or aftercare group absences must be approved by the Resident Manager, and you may be asked to provide a doctor's note. More than two absences from individual sessions can result in dismissal from Beacon House. If you need recommendations for individual therapy or financial assistance with co-payments, please see staff.

Community Recovery Supports

We offer transportation twice daily to outside 12-step meetings, helping residents establish their support networks within the broader community. Additionally, we maintain a Community Bulletin Board (located in the hallway outside the kitchen) where we post information on local cultural and recovery-related events. A separate "House" bulletin board features internal news and activities specific to Beacon House. We also encourage residents to participate in local social groups and 12-step clubs in Louisville, such as:

AA Louisville loukyaa.org

Young People in Recovery (YPR) facebook.com/yprlouisville/

Token Club 3, 3439 Breckenridge Lane, Louisville, KY 40220

The Ice House, 1400 Shelby Street, Louisville, Ky. 40217

CARE Center 3711 Bells Lane, Louisville, Ky. 40211

Goodwill Resource Center, 909 East Broadway, Louisville, Ky. 40204

Louisville Recovery Recreation Center (LRCC) 17105 S. 5th St, Louisville, Ky. 40208

Finances

Program Fees

Program fees cover housing, utilities, life skills training, case management, recovery programming, and program administration. The Beacon House program fee is \$147 per week with a \$147 deposit. The weekly program fee at Beacon House is \$147, with a one-time deposit of \$147 due at admission. New residents are required to pay both the deposit and the first week's fee totaling \$294 upon entry. This amount is the sole responsibility of the new resident. All residents must obtain full-time employment by the end of their third week in the program and begin making weekly program fee payments at that time.

Studio Room Option

Residents who move into a two-person studio will have a weekly program fee of \$175. These rooms offer greater privacy and a separate seating and dining space. Studio rooms are reserved for residents who have been in the program for at least six months, have demonstrated leadership, and are actively working on an exit plan to transition back into society.

Program Fee Assistance

Any form of program fee assistance must be approved in advance by the CEO. If a resident is eligible for outside supplemental funding, such funds may only be used to cover the initial deposit and any debt incurred prior to receiving their first paycheck from full-time employment. Outside funding may not be used to cover ongoing weekly fees.

Late Payments, Refunds, and Move-Out Policy

Residents who are unable to make timely program fee payments must notify staff as soon as possible. A repayment plan may be developed to help the resident meet their obligations. A \$10 late fee will be added to the resident's account each week that payment is made after 11:00 PM on Friday.

Residents must provide at least one week's notice before moving out of Beacon House. Failure to do so will result in forfeiture of the deposit. Deposits and program fees will not be refunded for stays shorter than seven days. If a resident is discharged for noncompliance, the deposit will be forfeited; however, any unused program fees will be refunded. If a deposit or program fee refund is owed to a resident, it must be claimed within 30 days of discharge. After 30 days, unclaimed funds will be forfeited.

Beacon House New Resident Loans & Repayment Terms

Some residents may qualify for a "new resident loan" after paying the initial refundable deposit of \$147. This loan can cover up to the first four weeks of programming fees, or until receipt of the first paycheck, whichever occurs first. The purpose of the loan is to provide services for indigent residents who would otherwise be unable to access recovery housing services. This loan can cover up to the first four weeks of programming fees. Residents who utilize all four weeks will owe a maximum sum of \$735.00.

Beacon House will also provide residents with up to \$50 in Kroger cards until SNAP benefits begin, and may help with clothing, IDs and bus passes. These items will be added to your New Resident Loan.

Loan re-payments begin at week 4 and are in installments of \$84.00 weekly, **due every Friday** until the loan is paid in full. Loan payments are paid in addition to \$147.00 in weekly programming fees. Total weekly payments will be \$231.00 until balance is paid in full, (including deposit) *and* resident has paid one week ahead in program fees. This is an interest-free loan.

Please review the sample loan re-payment schedule below. This is based on the estimated time it takes new residents to obtain employment and receive their first paycheck.

All New Resident Loans must be approved by the CEO, and applicants must qualify. **See staff to apply.** Re-payment is necessary to stay in compliance. Residents who have challenges making these payments due to unexpected time off work, child support payments, or other financial burdens must make resident managers aware so we can make necessary adjustments. Residents who leave the program without fulfilling their financial obligations may be held liable.

#	Payment Due Date	Beginning Loan Balance	Ending Loan Balance	Weekly Loan Payment Owed	Weekly Boarding Fee Payment	Total Weekly Payment
1	10/06/2023	\$735	\$651	\$ 84.00	\$147.00	\$231.00
2	10/13/2023	\$651	\$567	\$ 84.00	\$147.00	\$231.00
3	10/20/2023	\$567	\$483	\$ 84.00	\$147.00	\$231.00
4	10/27/2023	\$483	\$399	\$ 84.00	\$147.00	\$231.00
5	11/03/2023	\$399	\$315	\$ 84.00	\$147.00	\$231.00
6	11/10/2023	\$315	\$231	\$ 84.00	\$147.00	\$231.00
7	11/17/2023	\$231	\$147	\$ 84.00	\$147.00	\$231.00
8	11/24/2023	\$147	\$0.00	\$ 0.00	\$147.00	See note*

**Weekly payments will continue to be \$231.00 until you are one week ahead on program fees.*

Resident Paid Work Agreements

Beacon House does not employ, contract, or enter into paid work agreements with residents. Residents are expected to find employment but if unable to work due to disability, must perform volunteer work off-site and through a third party.

Staff-Resident Financial Agreements

Individual staff do not become involved in residents' personal financial affairs, including lending or borrowing money, or transactions involving property or services, except that the Beacon House may make agreements with residents with respect to payment of programming fees or

reimbursement for expenditures related to clothing, hygiene items, obtaining birth certificate and state identification, and other incidentals.

Third Party Charges

Beacon House requires residents to carry health insurance because engagement with continuing clinical care (Intensive Outpatient, individual therapy appointments) is a requirement of our program. Residents will also receive regular and random urine drug screens through an outside Laboratory which bills to insurance. Additionally, access to medical care for pre-existing, infectious and acute conditions are an important part of maintaining a stable lifestyle and a healthy recovery program.

As a result of attending clinical treatment, toxin screens, or utilizing medical care residents may incur charges with these third-party providers. It is your responsibility to know your insurance policy and plan. If you need extra assistance with understanding your deductible, co-pays and coverage please see Deborah Jennings, Director of Operations and Resident Ombudsman. You should also contact your insurance directly, or the healthcare provider.

House Rules

The list below is not comprehensive, and Beacon House staff reserve the right to enforce additional house rules as needed.

Chores

- Morning chores are to be completed by 10a.m.
- Evening chores are to be completed between 7p.m. and 10p.m.
- Kitchen chores to be started at 10:30p.m. but you should be there at 10:20p.m. to prepare.
- All chores must have a sign off. The chore sheet in the office is the only record that counts.
- Chores must be signed off by 10p.m. in the evening and 10a.m. in the mornings.
- Mop buckets must be emptied and rinsed after chores.
- Final responsibility for missed or incomplete chores goes to the chore checker.

Employment

- Residents are required to have full-time (35+ hours/week) employment within 21 days of moving in.
- New residents must inform staff about all prospective job search locations and provide documentation about job search efforts (application or job offer).
- Residents are required to hold tax-paying, verifiable employment. Staff may ask to see documentation of pay stubs and ask permission to speak with your employer.
- Residents need to notify staff immediately if you quit a job, change jobs, or were let go from a job.
- Notify staff when there has been a reduction in your work hours.
- Residents who are waiting on a job offer, or a start date for more than 7 days must find temporary employment until they begin their new job.

- Quitting a job without notice will result in a meeting with the CEO and a urine drug screen.
- Residents are encouraged to work first shift, and third shift jobs are prohibited.
- Treatment and recovery goals come first—work schedules cannot interfere with your treatment plan, IOP, or continuing care.

General

- Cell phone use is prohibited during Beacon House meetings, outside meetings, and designated activities, and must remain on silent. Staff reserves the right to confiscate phones if they interfere with recovery progress.
- Headphones are not to be worn in the building's common areas.
- Music is not to be played on cellphones or other devices in common areas.
- Game room closes at 11p.m. Sunday – Thursday and 1a.m. Friday and Saturday.
- Gym hours are 8a.m. – 9p.m.
- Public phones are available for use from 8a.m. – 10p.m. Sunday through Thursday, and from 8a.m. – 1a.m. Friday and Saturday.
- Visible undergarments, pajamas and being shirtless are prohibited in common areas. For your safety, hoodies and sunglasses are not to be worn in the building.

In / Out Board

- When leaving the property, you must record your destination, time, and date.
- Check the board every time you leave from or return to the property for any messages.
- Notes to see staff are not optional and should be responded to as soon as possible.

Kitchen / Community Refrigerator

- Scrape all food into garbage. No food and absolutely no grease in the sink drain.
- Recycle cans and paper.
- The stove may not be used after nighttime chores are completed Sunday – Thursday. Stove use after chores is allowed on Friday and Saturday.
- No open food or drink can be left in the kitchen (use personal cold locker).
- There are two community refrigerators for shared/donated food for all residents.
- Be sure to latch walk-in fridge shut.
- The two main freezers are labeled with room numbers.
- Use only one shelf of a shared dry locker.

Laundry

- Washers must stay on Speed Wash only and dry on High Heat.
- Do not leave the property if laundry is in either washers or dryers.
- Put your name, room number and time on the dry erase board when using.
- Clean lint filters after every use.

Medication Policy

Residents who come to Beacon House may be on medication either for a physical or psychiatric condition under the following conditions

- Staff must be notified of all current, new and discontinued prescriptions for residents under the supervision of a qualified physician.
- Staff must be notified of all current, new and discontinued over-the-counter medicines, vitamins and supplements.
- Residents must store all medications in the lockbox in the resident manager's office.
- Residents must sign off on the medication log sheet any time they take a medication (morning and evening).
- Staff will request to see a discontinued order from your PCP if you stop taking prescribed medication.
- If you are having trouble paying for your medication or have run out of a prescription, please notify staff immediately.

MOUD Policy

- Residents who are prescribed medications for opioid use disorder must have an established relationship with an addiction psychiatry treatment provider and must adhere to the sa.m.e rules and standards required of all medications.
- Upon admission, residents must provide Beacon House with consent to communicate with the provider about any issues, including side effects that may be interfering with their participation in programming.
- Residents who discontinue a medication against medical advice or without going through a supervised titration will be considered outside of Beacon House's scope of services if they exhibit symptoms that make them a medical or behavioral danger to themselves or others.

Meetings: IOP, Beacon House Meetings, Morning Meditation, 12-Step Meetings

- Residents under 30 days must ride the van together to attend the morning meeting.
- Stay in a meeting from start to finish. Do not leave to smoke, eat, or use your phone.
- Do not repeatedly get up without good reason.
- If you leave to go anywhere on the van, you must come back on the van.
- Everyone needs to be signed out at least 5 minutes prior to van leaving.
- Half status residents may drive, walk, or ride with a friend to a meeting of their choosing.
- No one is to be in the house 10a.m.-11a.m. Monday-Friday during morning meeting hours.
- All U30 residents must attend the Thursday night 8:00p.m. Open AA Meeting on property.
- Continuing clinical care (aftercare or therapy) is required to stay in compliance throughout your stay.
- Interviews and work schedules must not interfere with IOP, house and community meetings.
- If you are sick or have an emergency that requires you to be absent from IOP you must inform the resident manager before you miss the session.
- All residents must adhere to the Recovery Support Services Check-in Schedule.

Mentor / Mentee

- Must attend at least one outside 12-Step meeting together weekly, and you may ride to and from the meeting together.
- Mentees must contact their mentors at least twice daily (morning and evening) via text, phone, or in person, with at least one interaction being in person. Mentors are required to respond as soon as possible upon receiving communication.
- If the Mentee does not reach out to them, the Mentor is expected to try and contact them. If they are not successful, they should report this to the Resident Managers that day.
- Mentors are required to advise mentees on how to do chores properly.

Passes

- When on contract or behind in program fees, no passes may be taken.
- Submit passes no later than 11p.m. Wednesday.
- ½ Status Residents get two weekend passes per month. Cannot be on consecutive weekends.
- ¾ Status Residents get four 2-day passes per month. You must be at the house for 4 consecutive nights before taking an additional pass. You must be present in the house for at least one weekend per month.
- Vacations can be requested after one year of residency.
- You must be back from pass by 6p.m. Sunday.

Public Computer and Media Policy

- Public computers are available 8a.m. – 10p.m. (Sunday–Thursday) and 8a.m. – 1a.m. (Friday–Saturday).
- Monday–Friday before 4p.m., computers are for professional use only (e.g., job searching, life skills). Leisure use, including Facebook or YouTube, is not permitted.
- After 4p.m. and on weekends, leisure use is allowed, but headphones must be used.
- TVs may not be turned on before 4p.m. on weekdays.

Rooms

- HVAC units and room lights are to be turned off when leaving property.
- All clothes should be organized and off the floor (in dresser, closet, or dirty clothes bags).
- Televisions must not be larger than 32"
- Beds are to be made by 8a.m. Monday–Friday.
- Do not take closet space that is to be shared with another resident, even if no one is currently using this space.
- No food or drinks are permitted in your room except plain water.

Visitation Policy

- All visitors must sign in via the sign-in sheet in the lobby, and first-time visitors at Beacon House must check-in with the resident manager.
- Visitation hours are from 8a.m. to 10p.m. and are restricted to common areas.
- During Property Restriction visitors are limited to immediate family members.

Critical Rules

The Beacon House has a zero-tolerance policy for violation of the below rules. Non-compliance can result in immediate discharge from the program.

Alcohol

No possession, sales, or use of beverages containing alcohol, either on or off grounds.

Prescription Drugs

There will be no possession or use of any prescription drugs, either on or off grounds that has not been registered with a resident manager or other staff for monitored self-administration.

Illicit Drugs and Synthetic Compounds

There will be no possession, sales, or use of illicit drugs or synthetic drugs either on or off grounds. No drug-related paraphernalia of any kind is allowed. This includes hookahs, rolling papers, etc.

Use of Drugs or Alcohol

No use of any mood-altering drugs by any resident of the community is permitted. Anyone forthcoming about their use of drugs or alcohol will be required to admit themselves to inpatient detoxification and may return to the program at the discretion of the Beacon House CEO. Residents who relapse more than twice while at the Beacon House will be discharged and referred to a higher level of care.

Sexual Harassment and Acting Out

There will be no flirting, sexual remarks, sexual harassment, romantic involvement, or sexual acting out with another resident, visitor, or staff member.

Violence

There will be no violence or threat of violence among the residents or toward staff, whether on premises or outside of community grounds. Bullying, intimidation, verbal abuse, and discriminatory language, including racist or homophobic remarks are included in this provision.

Pornography

Sexually explicit material is prohibited at the Beacon House. Any illegal material such as child pornography will be turned over to police for investigation.

Weapons

Firearms are prohibited on Beacon House property.

Theft

Staff and residents work together to ensure that everyone has what they need to thrive. Stealing harms the sense of security we foster among residents and is criminal activity.

Prohibited Items

- Drug paraphernalia
- Energy drinks (Red Bull, etc.) are not allowed on property.
- Medications that have not been reviewed by the Resident Manager.
- Medications containing alcohol.
- Mouthwash with alcohol
- Products with alcohol listed in the first 5 ingredients are not permitted. Allowable forms are cetyl alcohol, cetearyl alcohol and denatured alcohol which cannot be consumed and are typically found in conditioners, deodorants, and lotions.
- Any items that do not show proof of content on the label are not permitted.
- Vehicles without current registration, or if the driver is uninsured or has a suspended license.
- Candles or incense
- Clothing with drug-related references or offensive language
- Stolen property.

Good Neighbor Policy

It is crucial to the long-term success of any recovering person to adopt a new set of skills for approaching a life of recovery and making connections with others. One of the most important is being a part of a community and adopting pro-social attitudes and behaviors.

You represent yourself and our house and should do so in such a manner that you project integrity, hope and humility. Be proud that you are overcoming an addiction, but humble in your attitude toward others. This is your home, and you are here to build toward living independently in long-term recovery. We plan to be here for generations. Think and act beyond yourself. You represent people in recovery everywhere. The stigma of addiction remains and although community members support your recovery, people still struggle with having recovery housing located in their neighborhood. A part of your mission is to demonstrate the strength and character it takes to change for the better.

The following guidelines and expectations will help you to live in harmony with our neighbors:

- No shouting or any loud noise or music.
- 10:00p.m.to 7:00a.m. is considered quiet time on the property around Beacon House.
- Smoking is permitted in designated areas only, and disposal of cigarettes only in appropriate containers.
- Do not litter on or around our properties or neighboring properties (including streets and alley ways) with cigarette butts or other debris. Pick up any trash that you see.
- Greet and introduce yourself to your neighbors as appropriate.
- Keep the yard well maintained regularly and have sidewalks and walkways clear and clean.
- Daily trash pick-up of the public park across from Beacon House.
- Residents will be asked to volunteer with an outside, non-profit agency for 4 hours each month (ex. Habitat for Humanity, St. Vincent DePaul, etc.).
- Residents organize and participate in a quarterly neighborhood block clean-up.
- Residents are trained to use, and provided with Narcan, to respond to a medical emergency related to overdose in the community.

IF A NEIGHBOR COMPLAINS TO YOU AND WOULD LIKE TO SPEAK TO A PERSON IN CHARGE, PLEASE DIRECT THEM TO THE RESIDENT MANAGER ON DUTY.

IF A COMMUNITY MEMBER HAS ANY QUESTIONS OR CONCERNS ABOUT BEACON HOUSE, PLEASE DIRECT THEM TO:

Deborah Jennings,
502-581-0765
deborahj@beaconhouseky.org

Resident Rights

You have the right...

1. To be free from discrimination in determining eligibility for services or participating in our program. Residents have the right to not be discriminated against on the basis of race, ethnicity, age, color, religion, gender, national origin, sexual orientation, physical or mental disability, developmental disability, human immunodeficiency virus status, or in any manner prohibited by local, state, or federal laws.
2. The right to be informed in writing of the rates charged by the facility as well as any additional charges, and to receive thirty days' notice in writing of any rate changes.
3. To respect your privacy as it relates to your residency at Beacon House and your recovery program while here. Discussions with and pertaining to residents are confidential.
4. To the confidential handling of your records in accordance with federal regulations (42 C.R.F., Part 2) and to have access to your record.
5. The right to be free from conflicts of interest; no residential facility employee may be a resident's guardian, sponsor or employer.
6. To submit grievances to the staff, CEO, the board and the resident advocate.
7. To be given the contact information of all staff and the resident advocate.
8. To expect Beacon House to make a reasonable response to your requests for information, maintenance, grievances, or any questions relating to our recovery housing program.
9. To obtain full information about any relationship Beacon House has to other health care institutions who may be involved in your recovery programming as well as any additional costs you may incur.
10. To expect reasonable continuity of care which includes a service calendar, assertive community referrals for legal, medical, behavioral, financial support, and staff schedules.
11. To participate in the planning and execution of your individualized recovery programming.
12. The right to have quality services and live in a clean, safe, structured and sober environment.
13. The right to reasonable protection from physical, sexual and emotional abuse, neglect, and exploitation.
14. To be advised of, and the right to refuse observation by others and by techniques such as one-way vision mirrors, tape recorders, video recorders, television, movies, photographs or other audio and visual technology. This right does not prohibit use of closed-circuit monitoring to observe common areas in the facility (common areas do not include bathrooms or sleeping areas, or other areas where privacy is reasonably expected).
15. To be fully informed of all rules and regulations governing your conduct, responsibilities, and client grievance procedures. This will be provided for you at the time of admission in the resident agreement and resident handbook, and during your participation in Beacon House recovery programs.
16. To be treated with consideration, respect, and compassion by staff.
17. Not to be required to perform services for Beacon House which are not included in the usual expectations of all residents.

Resident Agreements

I will:

1. I will be under evaluation in the first 90-days and must adhere to all Beacon House policies and show measurable progress in personal goals and program participation. If I consistently fail to comply with policies, do not make steady progress in recovery, or negatively impact the community, appropriate action will be taken. This may include:
 - a. Discharge from Beacon House.
 - b. Referral to a more suitable facility that can better address my needs and support my progress.
2. Remain alcohol and drug free, nor will I possess any illicit or unauthorized drugs, alcohol, or mood-altering substances. Nor will I possess any drug-related paraphernalia of any kind.
3. I will not associate with anyone under the influence or dealing. If I am aware of or suspect any other resident of using or in possession of alcohol or drugs, I will notify staff immediately.
4. I will abide by all laws of the Commonwealth of Kentucky
5. Upon notice of any outstanding warrant, I will notify Staff immediately and understand that I may not continue to reside at the Beacon House with any active warrants.
6. I will not gamble while at The Beacon House.
7. **Observe a property restriction for the first 14 days after admission**, leaving only for doctor's appointments, job interviews, or grocery trips with a resident who has ¾ status, *and* receive permission from a resident manager first.
 - a. While on property restriction cell phones, tablets and car keys will be turned over to the resident manager; a landline is available in the common area. Visitors during this period will be limited to immediate family and must sign the visitor log and check in with the resident manager on duty.
 - b. Residents will start job search after their first week and will be permitted to leave property unattended for that purpose. They must inform staff about all prospective job search locations and provide documentation about job search efforts (application or job offer).
 - c. Residents who are already employed before moving in can return to work while on the second week of property restriction, at the discretion of the resident manager.
8. Follow the Recovery Support Services Check-In schedule with Resident Managers/Peer Support Specialists and the Case Manager.
9. Participate in House Meetings, 12 Step Meetings and the continuing care requirements of my treatment plan.
10. Obtain a level of care assessment from the qualified treatment provider of my choice and follow the recommendations of my treatment plan.
11. Have a sponsor within 2 weeks of admission. Residents are expected to have regular contact with their sponsor, including weekly meetings, and provide the name and number to staff for accountability purposes.
12. Obtain and maintain Health Insurance, if I do not already have it.
13. Be out of bed with bed made by 8:00 a.m., Monday through Friday, and all clothes and personal items off the floor.

14. Perform chores/house duties as assigned.
15. Observe the House quiet hours of 10 p.m. to 7 a.m.
16. Respect the other members of the house regarding noise and cleanliness.
17. Abide by the Curfew:
 - a. Observe a curfew of 11 p.m. for the first 30 days.
 - b. $\frac{1}{2}$ Status observe a curfew of 11 p.m. Sunday – Thursday and 1 a.m. on Friday and Saturday.
 - c. $\frac{3}{4}$ Status observe a curfew of 1 a.m.
18. Notify the Resident Manager before taking any prescription and over-the-counter medications. I will also notify the resident manager if I have discontinued taking any prescribed medication. I will comply with the medication treatment plan recommended by primary care provider or specialist.
19. Provide samples for Urine Drug Screening or take a breathalyzer test. The staff reserves the right to request random urine drug screen or breathalyzer test, and upon suspicion of use. Samples must be produced within one hour of request.
20. Allow my personal property, as well as living space, to be inspected randomly by staff. I agree not to have any unauthorized substances or material in my personal living space or on the property, including weapons, guns or ammunition of any kind either real or fake, knives, drugs, alcohol, pornography or stored urine. Pocket knives shall not be longer than four (4) inches.
21. Not engage in violence or threat of violence among the residents or toward staff, whether on premises or outside of community grounds. Bullying, intimidating, verbal abuse and racist language are included in this provision.
22. Not engage in flirting, sexual remarks, sexual harassment, romantic involvement, or sexual acting out with another resident, visitor, or staff member.
23. Respect other people's property including that of The Beacon House. If I damage any property, I will notify the resident manager immediately. Rooms are to be locked at all times. The Beacon House is not responsible for lost or stolen items. Respect other people's property including that of The Beacon House. If I damage any property, I will notify the resident manager immediately.
24. Smoke, vape and dip only in designated areas (gazebo and front of shed).
25. Not to lend money or cars to other residents.
26. Address other residents if they violate any of these guidelines, make staff aware of any violations of the above rules, and/or address my concerns in the community.
27. Be a good neighbor in the house and out in the community and neighborhood surrounding Beacon House.

Accountability

Resident Managers should be notified any time there are concerns or questions about yourself, your roommates, or the living environment. We are here to support you.

Beacon House operates on a social model of resident decision-making and engagement. We expect residents to hold one another accountable, and not to participate in another community member's disease by keeping secrets about chemical use, rule violations, or destructive behaviors. Senior residents on ¾ Status serve as house leaders and mentors and help resolve minor issues among all residents. If an issue cannot be resolved between peers or is a rule infraction, then residents notify the resident manager on duty. Consequences will be given as a way to ensure the household runs efficiently and is one of the ways in which we provide accountability. Final determination of consequences, discharges and policies are made by staff.

Resident managers are on duty from 8:00a.m.-midnight 7 days a week, and available in the house for emergencies on 3rd shift. Resident Managers can handle most situations, but may refer some matters to the Resident Advocate, or CEO.

If you have a grievance or issue that has not been addressed after going through the chain of command, you may fill out a grievance form which is located in the lobby, and in the Resident Advocate's office.

Consequences for Issues

Consequences will increase in severity with each subsequent offense and are subject to change without notice.

Issue: In Bed Past 8a.m.

1. 1000 words on "The Only Thing That Comes to a Sleeper is a Dream."
2. Assist Staff with Bed Checks for One Week and 1500 words on "The Snooze Button is the Fuck It Button"
3. Up by 7a.m. for One Week and Report to Staff and copy pg. 84-88 from the Big Book 3 times.
4. Property Restriction for a Week and 5000 words on "My Disease Doesn't Sleep"
5. Discharge

Issue: Late to Morning Meditation

1. Set up Morning Meditation for a Week and 500 words on "The Importance of Being On Time"
2. Up by 7a.m. and report to staff for a Week and 1000 words on "Consistency"
3. Property Restriction for a Week and copy Doctor's Opinion out of Big Book.
4. 5000 Words on "Proper Planning Prevents Poor Performance" and Up by 7a.m. for 30 days
5. Discharge

Issue: In and Out Board

1. 500 words on "The Importance of the In and Out Board"
2. Assist with Chore/Board Check for One Week and 500 words on "The Importance of the In and Out Board"

3. Copy Step 3 out of 12 and 12
4. Sign In and Out every time you leave the building and 1500 words on “Why Unaddressed Negative Behavior that Goes Unaddressed Leads to Relapse”
5. Property Restriction for one week and sign in and out every time you leave the building.

Issue: Incomplete Chore

1. 500 words on “Why It’s Important to be Responsible”
2. Extra chore for one week and 1000 words on “Why It’s Important for me to Pay Attention to Detail”
3. Assist with chore/board check and extra chore for one week.
4. Extra chore for two weeks and 2000 words on “Why It’s Important to be Organized”
5. Property Restriction for one week and 5000 words on “Why Unaddressed Negative Behavior that Goes Unaddressed Leads to Relapse”

Issue: Missed Chore

1. Extra chore for one week and 1000 words on “Inconsideration”
2. Extra chore for one week and copy Step 7 out of 12 and 12.
3. Extra chore for one week and 2000 words on “Accountability”
4. 9:30 p.m. curfew for two weeks
5. Extra chore for two weeks and 9:30 p.m. curfew for two weeks

Issue: Late for Community

1. Property Restriction for two weeks and 1000 words on “Why it’s Important to be on Time”
2. Property Restriction for two weeks and 2000 words on “Why it’s Important to be Organized”
3. Discharge

Issue: Not Cleaning Up After Myself In the Kitchen

1. Help with Kitchen Chore for one week
2. Copy Step 7 out of 12 and 12.
3. Help with Kitchen Chore for one week and Property Restriction for a week
4. Help with Kitchen Chore for two weeks, Property Restriction for two weeks, 2000 on “How Laziness can Lead to Relapse”

Issue: Missing a Mandatory Meeting

1. Copy Bill’s Story out of the Big Book.
2. Property Restriction for one week and 2000 words on “Where’s my Head”
3. Property Restriction for two weeks and set up for Morning Meditation before leaving property for Two Weeks
4. Discharge

Issue: Not Signing the Mentor/Mentee Check Off List (Consequence given day of)

1. 500 words on “Responsibility”
2. 1500 words on “The Importance of Signing Off”
3. Property Restriction for one week

4. Property Restriction for two weeks & copy Ch. 7 Working with Others out of the Big Book.

Issue: Breaking Curfew Without Staff Approval

1. Property Restriction for One Week and copy pg. 84 – 88 out of the Big Book.
2. Property Restriction for Two Weeks and 5000 words on “Commitment”
3. Property Restriction for 30 Days and 5000 words on “Falling Off the Beam.”
4. Discharge

Issue: Key

1. 500 words on “Responsibility”
2. Lanyard for a week and 1000 words on “Why it is Important to Keep up with my Things”
3. Lanyard for two weeks and 2000 words on “What it Means to be Responsible”
4. Lanyard for two weeks and 5000 words on “Little Slips, Big Falls”

Issue: Missing the Van

1. Assist with going around the house and making sure everyone knows when the van is leaving
2. 1000 words on “Responsibility”
3. Required to be on van for two weeks if not at work
4. Property Restriction for two weeks

Issue: Laziness (Not Making Bed, Failing to Prepare for Black Diamond, Dirty Room, Not Having Deep Clean Signed in Time, and anything else staff deems relevant)

1. 1000 words on “What I Want Out of Life and How I a.m. Going to Get it”
2. 1500 words on “Sloth”
3. Clean All Common Area Baseboards and 2000 words on “Falling Off the Beam.”
4. Deep Clean Kitchen, including cabinets, refrigerators, freezers

Issue: Dishonesty

1. Property Restriction for one week
2. Property Restriction for one week and copy Step Four out of the 12 and 12
3. Property Restriction for 30 days and 5000 words on “The Importance of Honesty”
4. Discharge

Issue: Breach of Contract

1. Additional week of contract and rewrite essays
2. Property Restriction for 30 days, continuation of contract actions for 30 days, rewrite essays
3. Discharge

Issue: Failing to Check In

1. Property Restriction for one week
2. Property Restriction for two weeks
3. Discharge

Emergencies

Serious Accident, Illness, or Injury Procedures

Call 911 in case of

- Fire
- Burglary
- Violence or threat of violence
- Serious fall
- Shortness of breath
- Chest pain
- A life-threatening medical situation
- Injury in which there is a broken bone or bleeding that cannot be stopped
- Suicide attempt
- Drug poisoning, and suspected drug poisoning
- Unconscious individual
- Unable to wake someone
- Individual is out of control
- Individual is having hallucinations
- Individual is having an extreme allergic reaction
- Extreme paranoid behavior

After you call 911, notify the Resident Manager on duty, or any Staff Member and inform them of the situation. Then move to a safe place and await the arrival of emergency assistance.

Do not try to move an injured person. Give First Aid, CPR, or administer Narcan if you are qualified. If you find illicit substances, notify the Resident Manager and do not touch any illicit substances or paraphernalia.

Narcan is available in an emergency kit in the hallway of both floors and in all staff offices.

Fire exits are located at the rear exit near the stairwell and the side parking lot exit near the stairwell.

- Narcan training is offered to all residents quarterly at Beacon House on the last Wednesday of the month at 5:30p.m. in February, May, August, and November. Residents are required to attend one of these training courses per year.
- All Beacon House Resident Managers are CPR/AED/First Aid and Narcan trained, and there is a minimum of one Resident Manager on-site 24/7.
- Resident Managers are available between midnight and 7a.m. in rooms #17 & #18.

In Case of Fire

Call 911, inform the resident manager, and pull the fire alarm. Fire alarm pulls are located at the main entrance, the rear stairwell exit first floor, rear stairwell exit second floor, side stairwell exit first floor, and side stairwell exit second floor.

Fire Suppression

Beacon House is equipped with a sprinkler system throughout the building. If necessary to create a safe route to evacuate the building, fire extinguishers are located:

- Kitchen - Next to the oven
- First Floor - Near fire exit at the back of the building
- Second Floor - Top of the back stairwell or Middle of the hall mounted on the wall.

Evacuation

There are three exits located on the first floor. In case of fire, you may use the main entrance, the exit located at the side of the building near the kitchen, or the back exit by the stairwell. Use the exit furthest from the source of the fire. If these exits are blocked, every window on the first floor opens.

The second floor has two stairwells, located in the front and back of the facility. If those stairwells are accessible utilize them to make your way to an exit on the first floor. If the stairways are not accessible, there is an emergency fire escape ladder located in the computer lab that can be attached to a window.

Residents and staff will proceed across the street and wait in the park until the “all clear” is given.

In Case of Tornado

- Shelter in Place

Crisis Management: Intruders, active shooters, bomb threats

- Lockdown

Beacon House Staff

Administrative:	(o) 502-581-0765 (f) 502-581-1748	
Russ Read	Chief Executive Officer	502-836-9910
Deborah Jennings	Operations Director & Resident Advocate	502-299-9091
Kelley Ketterman	Clinical Manager	812-697-4311
Programming:		
Geoffrey LaCava	Sr Resident Manager & Dir of Community Outreach	502-595-9898
Brad Palmer	Resident Manager	502-450-1347
Delaney Cauley	Resident Manager	502-977-9007
Heather Cassidy	Peer Support Specialist	502-562-5401
Katie Foree	Case Manager	502-727-7271

Grievance Policy

1. Residents have the right to have grievances taken seriously and considered in a fair, timely, and impartial manner; staff will maintain the privacy and confidentiality of all documentation and mediation.
2. All residents have the right and are encouraged to communicate his or her grievance to any Beacon House staff member including the Board of Directors. Additionally, Beacon House has a designated resident advocate on-site to whom the grievance may be made and who facilitates the resolution of grievances.
3. There will be no consequences or retaliation for the resident filing a grievance.
4. All residents have a right to file a formal written grievance. The resident may request a form and assistance filing a grievance from any Resident Manager on duty or the Resident Advocate. (Grievance Forms are also located in the lobby). The resident can fill out the form and return it to any staff member or the House Manager. The grievance may also be made verbally, in which case the Resident Advocate shall be responsible for preparing the written grievance.
5. Written grievances shall be forwarded to Deborah Jennings, Resident Advocate. Deborah may be reached in the office, on her cell phone at 502-299-9091, or by email at DeborahJ@beaconhouseky.org.
6. In the instance where the decision maker is the subject of a grievance, decision-making authority shall be delegated to Russ Read, CEO.
7. Time frame for expedient resolution is two business days upon receipt of the complaint/grievance.
8. The resident will be sent a written notice of the grievance outcome and steps for appealing the outcome within 5 business days.
9. Throughout this process, the resident has the right to enlist the assistance of outside agencies such as advocacy organizations for recovery housing, civil rights, tenant's rights, and anti-discrimination in housing and social services. To assist residents in that process Beacon House has compiled a list of third-party agencies:

Jonathan Philpot 502-782-8478, Dept. for Behavioral Health, Developmental & Intellectual Disabilities, KY Recovery Housing Network

Kendall Boyd 502-574-3631, Jefferson County Metro Human Relations Commission

Those who feel their civil rights have been violated may contact **Kentucky Protection & Advocacy** at 502-564-2967. Kentucky P&A is an independent state agency that protects and promotes the rights of Kentuckians with disabilities through information and referral and individual legal advocacy.