



### Our Mission:

To express God's love by providing compassionate care and quality services to address the physical, spiritual, and emotional needs of children's and families.

### Our Goals:

To stabilize, treat and educate children and their families while facilitating changes in relationships, attitudes and behavior through a continuum of support and assistance.

### Accreditation & Memberships

DCCH Center for Children and Families has been providing social services in Kentucky since 1848. DCCH is accredited. We are a member of the Children's Alliance and Foster Care Cooperative.



Kentucky's voice for at-risk children and families



## The Therapy Center

**Therapeutic Foster Care  
Program at DCCH**  
75 Orphanage Road  
Fort Mitchell, Ky 41017  
859-331-2040

[www.DCCHCenter.org](http://www.DCCHCenter.org)

To learn more about becoming a DCCH foster parent, mentor or respite provider please contact us 859 331-2040.



## The Therapy Center



Facilitating **CHANGES**  
in relationships,  
attitudes and behavior.

# The Therapy Center



When **DCCH** expanded our service offerings to include Outpatient Therapy, we were building on our core capability of helping families and individuals heal. For over 160 years, DCCH has served Kentucky in fulfilling our mission of providing compassionate care and quality service to address the needs of children and families.

## Our Program

The Therapy Center at DCCH was developed to deliver both short and long-term therapy for children, families, couples, and adults of all ages. We are accredited by the Council on Accreditation of Services for Families and children and use evidence-based practice to ensure quality care for all patients.

What sets us apart is our ability to help people identify the root of their issues and empower them to overcome challenges in their lives. Essentially, we provide a safe place to start on or continue the journey to healthier, more rewarding life.

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## Our Services

The Therapy Center at DCCH has used our vast experience and expertise to develop programs to help families and individuals struggling with:

- Anxiety or depression
- Family conflict
- Grief/loss issues
- Behavioral issues/acting out
- Aggression and anger issues
- Divorce/separation
- Education/psychological testing
- Addiction
- Stress management
- Work and career challenges

The ability to respond to treatment can depend on the type of therapy chosen. That's why DCCH offers a wide variety of outpatient therapy and works closely with you to determine which will suit your needs best.

- Our services include:
- Individual therapy for all ages
- Group therapy
- Family therapy
- Marital therapy
- Spiritual direction
- Parenting education/support/customized consultation

*(rate based upon the needs of the child; paid monthly)*

## The Process

Our experienced professionals are happy to answer your questions and help you through the initial consultation process. They will work with you to select the right treatment pathway, making sure you are matched with the right therapist. We accept all major insurance and all inquiries are completely confidential.

## Clinical Staff

Our strength-based, relationship focused approach to treatment is delivered by experienced, highly qualified professionals. Our therapists are Master level, licensed clinical Social Workers with nearly 50 years combined experience. The evidenced-based therapies we use include parent-child interaction therapy, Trauma focused-cognitive behavioral therapy, motivational interviewing and play therapy.

