



# Continuum of Care

## Individual/Family Therapy

We offer both individual and family therapy for children, adolescents, adults, and families grappling with mental illness, addiction, or behaviors that negatively impact their daily lives at home, in the classroom, in the workplace, and within the community.

Where: In person or via telehealth

#### Psychiatric Residential Treatment

OneQuest Health provides 24/7 residential care for youth who have one or more significant mental health diagnoses and are either at risk of psychiatric hospitalization or have been discharged from a psychiatric hospital.

**Where:** OneQuest Health Devou Park Campus and Burlington Campus

### Intensive Outpatient Program (IOP)

We offer multiple IOP programs that follow a structured, trauma-informed, and evidence-based approach to therapeutic care for children and adultswho need help recognizing, managing, and overcoming mental health and/or substance use disorders.

Where: In person at OneQuest Health Covington Outpatient Treatment Center, OneQuest Health Grant County Outpatient Treatment Center and select Northern Kentucky schools or via telehealth

### Targeted Case Management

For youth, adults, and families requiring assistance outside of their behavioral health needs, our Targeted Case Managers provide individualized attention that helps connect each client and family with other community resources and/or services that may be beneficial to them.

Where: In Person

### Partial Hospitalization Program (PHP)

Designed for children, adolescents and adults, OneQuest Health's PHP uses a trauma-informed, multidisciplinary approach to treat significant mental health diagnoses (including depression, anxiety, and bipolar disorder) and also substance use issues. PHPs are intended to reduce the need for hospitalization or residential care.

Where: OneQuest Health Covington
Outpatient Treatment Center and
OneQuest Main Campus at
Devou Park

### Psychiatric Medication Management

OneQuest Health's board-certified Psychiatric Nurse Practitioners provide comprehensive psychiatric evaluations, medication management, and brief supportive therapy for patients aged 6 and older. GeneSight testing is also available.

Where: OneQuest Health Covington Outpatient Treatment Center, Grant County or via telehealth (for established patients)

#### **Peer Support**

OneQuest Health offers Peer Support Services (PSS) to provide targeted, personal care for individuals struggling with mental health, emotional wellbeing, and substance use concerns. This serves as a vital source of encouragement, hope, guidance, and understanding, offering council for clients facing challenges like depression, anger management, employment or housing barriers, toxic relationships, religious trauma, or adapting after incarceration or a relapse. Currently, services are available to adults over the age of 18 who have been diagnosed with a Substance Use or Mental Health Disorder and have Medicaid.

Where: OneQuest Health Devou, Burlington and Grant County Campuses





