

How Can You Help

We accept donations of all kinds.
Including:

- Cash/Sponsorships
- Food
- Clothes
- Furniture
- TARC tickets/passes
- Building repairs
- Computer equipment
- Job referrals
- Household supplies
- Vehicle accessibility
- Volunteering your time



Our Services Include:

- Housing for women in recovery
- Chemical Dependency Education
- Job training
- Personal care training
- Skills building
- Intensive Outpatient Services
- Case management

Women In Circle, Inc
4602 Southern Pkwy Ste 2C
Louisville, KY 40216
Office Phone: 502-690-2010



A Safe, Caring Home for Women in Recovery

Lete Ansera , D. Min, LCADC
Executive Director

Residential Services

1624 S Preston
Louisville, KY 40217
Office Phone: 502-213-9058

Outpatient Services

4602 Southern Pkwy Ste2C
Louisville, KY 40214
Office Phone: 502-690-2010
Office Fax: 855-894-9366
WomenInCircle@MindfulDirection.net
www.WomenInCircle.net



Mission

The mission of *Women In Circle* is to promote self-sufficiency within a healthy holistic lifestyle free from addiction and homelessness. We help women access services and resources designed to empower them, revive their individuality and self-worth, while pursuing their journey of recovery.



How We Help

- Temporary housing: a home to live, a community of sisters to support, a structure conducive to a lifestyle of change and recovery.
- Skills building activities conducted through social groups that meet monthly: book clubs, quilting, knitting, job readiness, resume writing, arts & crafts, and other skills as needed.
- Educational and preventative programs conducted by a team of professionals on chemical dependency issues, family matters, legal and financial matters, and health issues including HIV/AIDS & STD prevention and awareness.
- Chemical dependency education: individual and group therapy sessions, assessment, screening, and drug & alcohol testing.
- Empowerment through positive feedback and reinforcement of positive qualities and talents. Participants will identify their strengths and gifts, and will be required to share them with others in the community.
- Healing and reconciling through activities connecting with nature and beauty, inner peace and healing, gardening, and other artistic expressions including music, dance, and theatre.



Criteria for Admission

Admission is available to single women ages 18 and older who meet the following criteria:

- Have a minimum of 15 days without the use of mood altering chemicals
- Have a strong desire to abstain from alcohol and drugs.
- Have the willingness to gain sobriety and make better life choices
- Be willing positive lessons from peers and work within a recovery program
- Initial phone screening
- Pay the \$80 one time assessment and \$100per week fees.

Services also provided by:

***Mindful Direction
Counseling Services***

Website:
www.mindfuldirection.net