



# **Freedom from addiction starts with connection.**

**You don't have to do this alone.**

*Delta Recovery walks with individuals and families ready for change—offering support, structure, and hope.*



*Your next step toward healing starts here.*

**☎ 615.500.6471 🌐 [DeltaRecovery.org](https://DeltaRecovery.org)**

# Recovery is possible.

## At Delta Recovery, we believe:

- **You deserve compassion**  
no judgment, just support.
- **Connection changes everything**  
healing happens in community.
- **Empowerment is real**  
we'll help you find your strength.
- **Accountability matters**  
we walk in integrity.
- **Balance is the goal**  
mind, body, and spirit together.
- **Everyone deserves help**  
no matter your story, we are here for you.



**Real support.  
Real recovery.**



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*Let's take the next step—together.*