### **ABOUT US**

#### **Mission Statement:**

Maintaining recovery and happiness is simple connections.

- (1) Connection to self
- (2) Connection to others
- (3) And, connection to faith.

#### Who We Are:

Journey to Healing is a residential substance abuse treatment program offering both men and women a safe place to recover.

We offer the following ASAM levels of care: 3.5, 3.1, 2.5, IOP, and OP.





All residential facilities and outpatient location are in the Olive Hill, Kentucky area



Pre-Screen: 606-898-3982 Info@journey2heal.org

All referrals are welcomed via telephone and email.

# JOURNEY 2 HEAL



YOUR LIFE DOES
MATTER, AND YOU ARE
WORTHY OF RECOVERY!

OFFERING A HOLISTIC
APPROACH TO
RECOVERY

#### **OUR SERVICES**

- Residential Services
- Partial Hospitalization
- Intensive Outpatient Program
- Outpatient Services
- Peer Support
- Targeted Case Management
- Medication Management
- Anger Management
- Parenting Classes
- Individual Therapy
- Group Sessions
- Medically Assisted Treatment
- Couples and Marital Counseling
- Domestic Violence Treatment
- DUI Assessment & Treatment
- Trauma-Informed Therapy
- Moral Recognition Therapy
- Evidence-Based Material
- Transitonal Rehabilitation Program
- Life Skills Development

Transportation can be provided across Kentucky.



## WE ARE AFFLIATED WITH THE FOLLOWING LOCATIONS:

- Jenkie's Journey: Road to Recovery
- Hayden's Hope
- Lynn's Legacy: Road to Recovery
- Chandra's Chance
- 13 PHP & IOP Housing AODE Licensed Locations
- Outpatient Office

### WE ACCEPT ALL MAJOR FORMS OF INSURANCE AND SELF-PAY AND ARE A UNITE VOUCHER FACILITY!

# GOALS FOR YOUR TREATMENT:

- (1) Be able to identify concerns and problems
- (2) Developing tools for change(3) Assisting and identifying,developing, and implementinghealthy coping strategies
  - (4) Becoming self-sufficient
  - (5) Realizing one's own true potential

We Are A
DOC Approved Provider





Are you ready to begin a new journey to regain your life? Is it time to invest in yourself and take steps toward becoming the best you that you can be?

At Journey to Heal, we are offering to meet you where you are.

We can help you get on a path toward sobriety and mental wellness.

Each member empathizes with what it feels like to be broken and left to put the pieces together again. With support, encouragement, compassion, and skill development, we believe that your broken pieces, when reassembled, can form something beautiful.